

Healthy Start Newsletter

June-2019



Quote of The Month:

"The greatest
wealth
is
Health."

-Virgil

Men's Health Month

June is Men's Health Month, an observance used across the country to raise awareness about health care for men and focus on encouraging boys, men and their families to practice and implement healthy living decisions, such as exercising and eating healthy. According to the U.S. Centers for Disease Control and Prevention, boys and men in the United States, on average, die 5.6 years earlier than women and die at higher rates from nine of the top 10 leading causes of death. During Men's Health Month, we encourage men to take control of their health, and for families to teach young boys healthy habits throughout childhood.

Wear BLUE Day 2019: Friday, June 14th

**Visit Jackson Hinds Comprehensive Health Center
for your annual wellness visit. Please contact
Jackson-Hinds at (601)-362-5321.**



What's Coming Up in Healthy Start?

Event: Community Resource Health Fair

Date: June 21, 2019

Time: 10:00 a.m. – 3:00 p.m.

Location: Jackson-Hinds Comprehensive
Health Center

3502 W. Northside Dr.

Jackson, MS 39213

Event: Healthy Start Enrichment Class

Date: June 26, 2019

Time: 5:30 p.m. – 6:30 p.m.

Location: Jackson-Hinds Comprehensive
Health Center

3502 W. Northside Dr.

Jackson, MS 39213

Event: Sipps Baby Café

Date: Every Thursday

Time: 11:00 a.m. – 1:00 p.m.

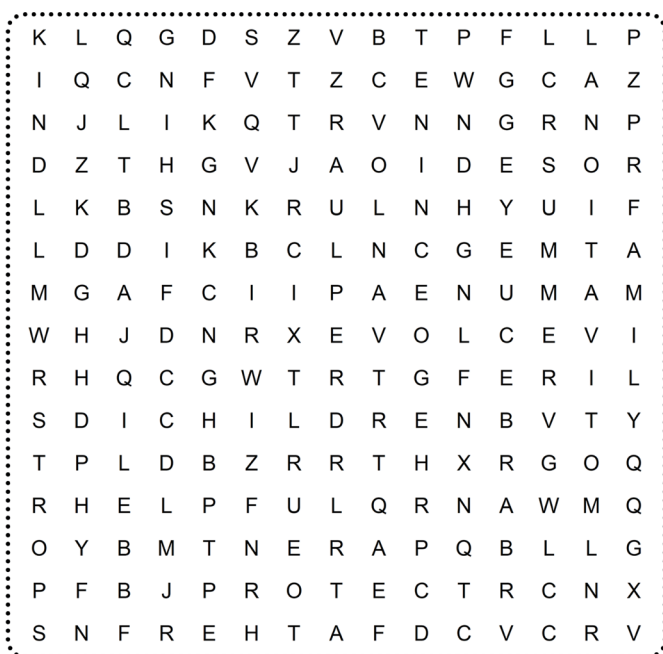
Location: 2548 Livingston Rd., Suite 1,
Jackson, MS 39213

**MARK
YOUR
CALENDARS!!**

June Holidays 2019

<u>Date</u>	<u>Holiday</u>
June 8	Best Friend Day
June 16	Father's Day
June 19	Juneteenth
June 21	McAlister's Free Tea Day

FATHER'S DAY WORD SEARCH



BARBECUE
BRAVE
CHILDREN
DAD
FAMILY

FATHER
FISHING
GRILLING
HELPFUL
JUNE

KIND
LOVE
MOTIVATIONAL
PARENT
PICNIC

PROTECT
SPORTS
STRONG
SUMMER
TEACHER

Healthy Start Staff

Chief Executive Officer/Program Director: Dr. Jasmin Chapman
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Outreach Coordinator: Janet Scott
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For more information about the Healthy Start program, please
contact: Kimberly Lott-Jones, **Program Manager**
Office: (601)-362-5321 ext. 1331

Happy Father's Day!!!

From

Jackson Hinds Comprehensive Health Center Healthy Start Program!!